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Paromo's

Marton Road
Middlesbrough TS4 2PA
Tel: 01642 829857
www.parmositalian.co.uk

Starters

Soup of the Day	£1.50
Garlic Bread	£1.90
Garlic Bread Cheese	£2.20
Garlic Bread Tomato	£2.20
Prawn Cocktail	£2.90
Prawn and Melon Cocktail	£3.30
Melon Cocktail	£2.50
Potato Skins	£2.95
Garlic Mushrooms	£3.30
Homemade Liver Pate	£3.30
Mussels in a Garlic and White Wine Sauce or Tomato & Chilli Sauce	£3.30
Crispy Squid with Garlic Mayo	£3.95

Pasta

Spaghetti, linguini or penne

Bolognese	£3.95
<small>Minced beef, tomato and herbs</small>	
Carbonara	£3.95
<small>Bacon, onions, parmesan and egg</small>	
Lasagne	£3.95
<small>Layers of pasta, bolognese and béchamel</small>	
Arrabiatta	£3.50
<small>Tomato, chilli and garlic</small>	
Marinara	£4.25
<small>Mixed seafood & garlic in a tomato sauce</small>	
Napoli	£3.95
<small>Tomato, onions and herbs</small>	
Cannelloni	£3.95
<small>Minced beef, spinach and a tomato and béchamel sauce</small>	
Paromo's Vegetarian	£3.95
<small>Roasted peppers, mushrooms and onions in a tomato sauce</small>	

Chicken Dishes

Pollo Diane	£6.95
<small>Chicken breast, with a French mustard and mushroom sauce</small>	
Pollo Funghi	£6.95
<small>Chicken with a white wine, cream and mushroom sauce</small>	
Pollo Cacciatore	£6.95
<small>Chicken breast with a tomato, pepper and olive sauce</small>	
Pollo Paromo	£6.95
<small>Traditional Paromo topped with cheese and béchamel</small>	
Pollo Kiev	£6.95
<small>Chicken stuffed with garlic butter</small>	
Pollo Valdastano	£6.95
<small>Escalope of chicken topped with ham and cheese and a tomato sauce</small>	
Pollo Pepe	£6.95
<small>Chicken with a pepper sauce</small>	
Pollo Rosemarino	£6.95
<small>Chicken breast served with a white wine cream and rosemary sauce</small>	

Pizza

Margherita	£3.50
<small>Cheese and tomato pizza</small>	
Napoli	£3.95
<small>Olives, garlic, herbs and anchovies</small>	
Stagioni	£3.95
<small>Ham and mushroom</small>	
Mariana	£4.25
<small>Prawns, tuna and anchovies</small>	
Americano	£3.95
<small>Pepperoni and chilli</small>	
Boshetto	£3.95
<small>Bolognese and garlic</small>	
Quattro Fromagio	£3.95
<small>Four cheese and tomato</small>	
Montagna	£3.95
<small>Peppers, mushrooms, onions and garlic</small>	
Hawiian	£3.95
<small>Ham and pineapple</small>	
Pollo	£4.25
<small>Chicken, mushrooms and garlic</small>	

Steak Dishes

Fillet au Poivre	£10.95
<small>Fillet with a sauce of peppercorns cream and brandy</small>	
Fillet au Diane	£10.95
<small>Fillet with a sauce of mushrooms, mustard and cream</small>	
Fillet Pizzaiolla	£10.95
<small>Fillet steak in a sauce of tomatoes, capers and olives</small>	
Grilled Fillet	£10.95
<small>Prime Fillet simply Grilled to your liking</small>	
Fillet Funghi	£10.95
<small>Fillet steak served with a sauce of mushrooms, red wine and garlic</small>	
Bistecca au Poivre	£9.95
<small>Sirloin steak served with a pepper sauce</small>	
Bistecca Diane	£9.95
<small>Sirloin steak with a sauce of mushrooms, mustard and cream</small>	
Bistecca Pizzaiolla	£9.95
<small>Sirloin steak in a sauce of tomatoes, capers and olives</small>	
Bistecca Funghi	£9.95
<small>Sirloin served with a sauce of mushrooms, red wine and garlic</small>	
Grilled Bistecca	£9.95
<small>Sirloin simply grilled to your liking</small>	

Fish Dishes

Salmon Bistecca	£6.95
<small>Salmon steak served with garlic, cherry tomatoes & thyme</small>	
Mussels	£7.50
<small>Served with garlic & white wine or tomato & chilli sauce</small>	
Fish Goujons	£7.50
<small>Sustainable white fish in a light batter with chunky chips</small>	
Catch of the Day	Please see Specials Board

Sides

Green Salad	£1.50
Tomato & Red Onion Salad	£1.50
Hand Cut Chips	£1.50
Chefs Selection of Vegetables	£1.50
Onion Rings	£1.00
Extra Pizza Topping Meat	£1.00
Extra Pizza Topping Veg	50p
Supersize Dips: Garlic Mayo, BBQ, Sweet Chilli, Mayo or Ketchup	50p

Hot Beverages

Filter	£1.35
Tea	£1.35
Americano	£1.50
Cappuccino	£1.60
Latte	£1.60
Espresso	£1.10
Double Espresso	£2.10
Liqueur Coffee	£2.95

Desserts

Selection of Ice Creams	£2.20
Fruit Cheesecake	£2.50
Chocolate Fudge Cake with Cream	£2.95
Banana Splits	£2.95
Selection of Desserts	£2.95

£3.95 Menu

Available Mon-Sun:
5pm-7pm

Wines

House White	£8.95
Chardonnay (white)	£11.50
Pinot Grigio (white)	£13.50
Sauvignon Blanc (white)	£15.50
House Red	£8.95
Merlot (red)	£11.50
Cabinet Sauvignon (red)	£13.50
Shiraz (red)	£15.50
Hose Rosé	£8.95
Pinot Grigio (rosé)	£12.95

SEE OUR SPECIAL BOARDS FOR MORE GREAT DISHES